

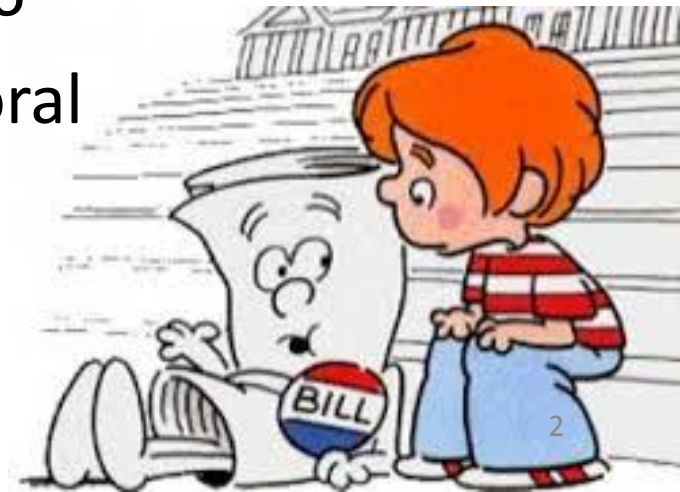


Behavioral Health Integration Overview

February 2016

Why is the System Changing?

- **State Healthier Washington Plan**
 - Ensure Health Care Focuses on the Whole Person
- **State Legislation: ESSB 6312**
 - Integrating mental health and substance use disorder treatment by April 2016
 - Integrating physical and behavioral health care by January 2020



Integrating MH and SUD Services

- **Integrated purchasing** of mental health and substance abuse treatment services through a single managed care contract by April 1, 2016
- **Behavioral Health Organizations (BHO)** will replace Regional Support Networks (RSN) and County Chemical Dependency Coordinators.
- **BHO at full risk** for MH and SUD inpatient and outpatient services.

What is a BHO?

- A local entity responsible for providing substance use disorder treatment and mental health services to Medicaid enrollees
- BHOs will make sure there are enough providers in the region
- BHOs will authorize and pay for services for Medicaid enrollees who meet medical necessity criteria
- In King County, the King County Behavioral Health and Recovery Division will be the BHO.

Key Components of BHO Implementation

IT/Data
Systems

Provider
Readiness

Finance

Benefit/Care
Model Design

BBA/Managed
Care

SUD
Residential
Treatment

BHO Advisory
Board

Client
Engagement

Provider
Engagement

IT/Data Systems

- What will be new?
 - All MH and SUD client data will run through KCBHO
 - ECLS capabilities for care coordination across MH and SUD (with proper ROI)
 - State TARGET system will go away



Provider Readiness

- 40 direct contracted providers (numerous subcontractors) + expansion after April 1
 - 8 do MH only
 - 13 do SUD only
 - 19 do both
- KCBHO providing training and TA for data infrastructure & submission; BBA/Managed Care regulations; finance & budgeting in a case rate environment; etc.

New Types of Benefits

- What will be new?
 - MH Benefit Structure will stay the same
 - Two SUD outpatient levels of care
 - Blended OP/IOP
 - Recovery Support Services
 - SUD payment will move to a case rate for outpatient services
 - Opiate Treatment
 - SUD Residential Treatment



Finance Update



- BHOs received their final capitated rates from the state in January 2016
- BHOs will receive a combined (MH and SUD) rate for all Medicaid eligible in King County beginning April 1, 2016
- Current rates will likely be insufficient to provide the level of care individuals need at a rate that supports the financial health and stability of our provider network

Principles of rate setting

- Engage a consultant/actuary to assist with rate development
- Be transparent with providers by working together via a financial workgroup
- Do not pull from mental health funding (and subsequently decrease mental health rates) to augment substance use treatment
- Move SUD from fee-for-service payment structure to case rates
- Increase rates to providers to at least the cost of doing business
- Focus on 2016 and the transition. Lots of adjustments will need to be made throughout the year

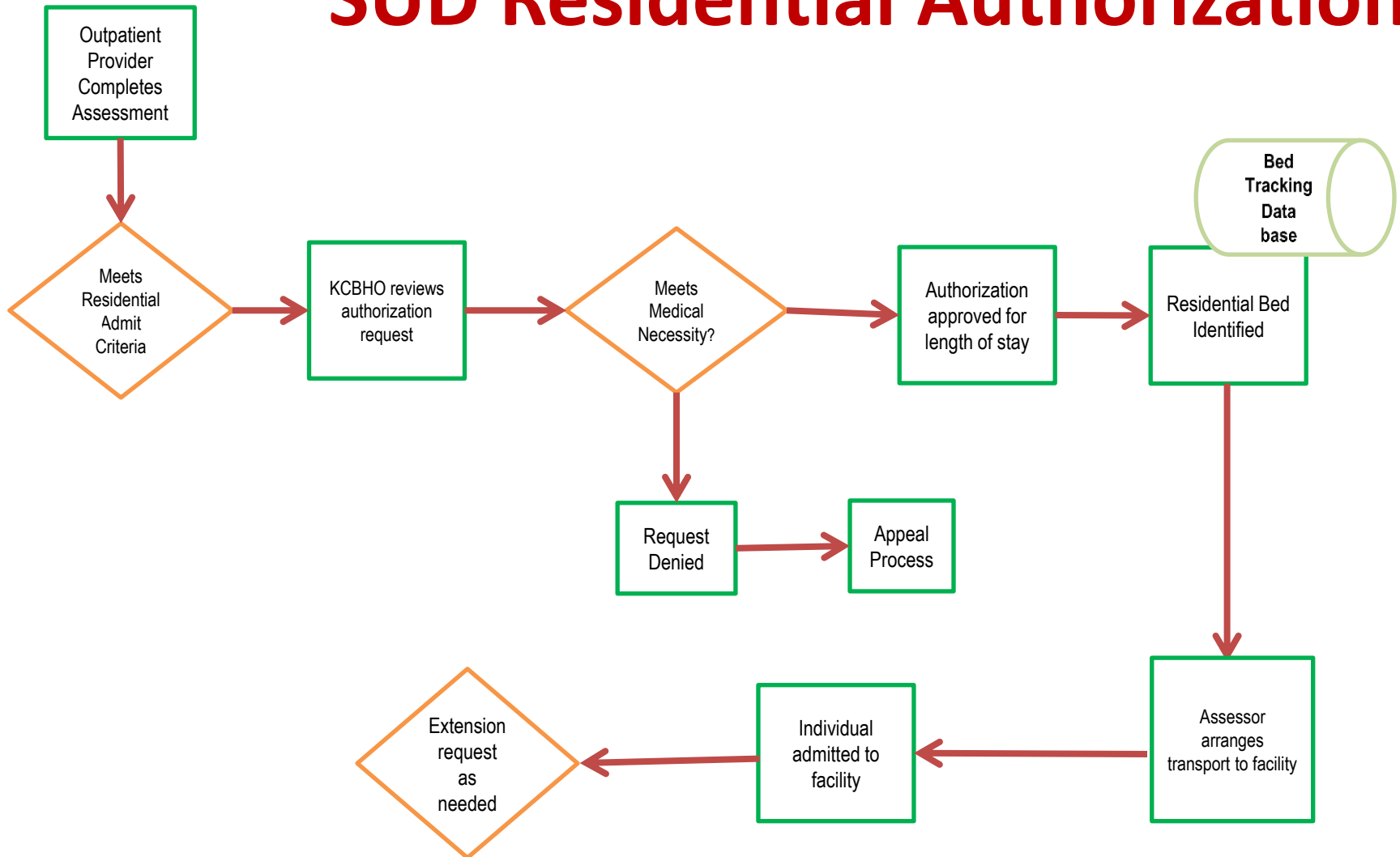
SUD Residential Treatment

What will be new?

- Network Development
 - Developing contracts with local/King County facilities (6 facilities total)
 - Inter-BHO Agreements and out of region facilities (39 facilities total)
- Client transition process
- Authorization for treatment process



SUD Residential Authorization



What will be different for stakeholders?

- Help clients access either MH or SUD treatment from any one of the 40+ direct contracted providers or subcontractors
- Preauthorization from KCBHO required for SUD Residential Treatment
- KCBHO manages both MH and SUD services now
- SUD only agencies will have added managed care requirements

What does this mean for clients?

- Progress toward whole person care
- Increased access to co-occurring disorder treatment
- Improved health and social outcomes
- Better experience



What will be different for clients?

- Right now – signing a lot of extra forms to transition care
- Generally, clients should not notice much difference
- Preauthorization required for SUD Residential Treatment

Who do I call if I have questions?

- If a person is currently in mental health or substance use services, please talk with their provider
- Contact King County BHO Client Services at 1-800-790-8049; TDD: 206-205-0569
- Call the King County Ombuds office at 206-477-0630



Questions?



Want More Information?

Contact Susan McLaughlin

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(206) 263 – 8955

Learn More:

www.kingcounty.gov/healthservices/MHSA/BehavioralHealthIntegration

State resources:

www.hca.wa.gov/hw

www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/developing-behavioral-health-organizations